

NASA LANGLEY CHILD DEVELOPMENT CENTER

STUDENT MENU

Menu 4 On a Cyclical Cycle

	Breakfast	Lunch	Snack
M O N	Waffles w/Syrup Mandarin oranges Milk	Sliced Turkey Broccoli Mashed potatoes Rolls Milk	Gold Fish Crackers Juice
T U E S	Cheese toast Apple Slices Milk	Corn Dog Nuggets & Chicken Nuggets Mixed vegetables Orange wedges Milk	Spiced muffins Milk
W E D	Tator tots Peaches Milk	Tuna Noodle Casserole Sweet Peas Fruit Cocktail Milk	Trail Mix Mixed Fruit
T H U R S	Biscuits Baked apples Milk	Beef Ravioli Pineapple tidbits Green beans Milk	Crackers w/ peanut butter Apple juice
F R I	Rice krispies w/ milk Orange juice	Ham & turkey sandwiches Tator tots Diced peaches Milk	Mixed fruit Milk

Substitutions for:

- Cheese toast or cheese sandwich or peanut butter toast, ham, turkey or bologna sandwich
- Crackers & cheese or peanut butter crackers
- Macaroni & cheese or chicken noodle soup or chicken & rice soup
- Pizza or English muffin with tomato sauce or spaghetti sauce base, topped with either sausage, hamburger, ham or turkey
- Biscuit or peanut butter toast